



Website: www.hdahampshire.org.

Future Events:

SEASONS GREETINGS!



ALL the following events are FREE to younger Branch members thanks to the 'Amanda fund'

We don't want problems with finances or with transport to prevent you attending our events. We may be able to subsidise them for adult Branch members and arrange transport for you. You can contact us confidentially to arrange this.

Branch meetings in 2011 are: Jan 15th (with a speaker from the Princess Royal Trust for Carers), March 26th, May 21st, July 16th, Sept 10th and November 19th.

All Branch meetings are at 2pm at Sembal House, Handel Terrace, Southampton SO15 2FH. There is disabled access, ample parking and it is only 5 minutes from the central railway station and a bus stop. DVD player provided to entertain younger children.

Next Carer's Meeting: Next meeting is in Southampton on December 15th at The Cowherds (The Common, Southampton, SO15 7NN) at 7:30 pm. We can pick you up from the ferry if you are travelling from the Isle of Wight and the Branch can pay travel expenses. **There will be a Carer's meeting on the IOW in January.** The date and venue are to be arranged. Contact Anne for details after Xmas.

January 8th 2010 @ 1:30: Panto Outing to Aladdin : At the Mayflower starring 'Lily Savage' ... contact Maureen if you are interested!! *If you have already done so then please ring Maureen if you haven't done so yet to confirm your details as her computer crashed!!*

January 15th Branch meeting with speaker: Dawn Campbell from The Princess Royal Trust for Carers is coming to speak to the Branch about the work they do in supporting carers in Hampshire. She has already been invaluable in supporting one of our families. Please support this meeting and find out what the Trust can offer you.

Sometime in the New Year: There will be a tour of the research labs in Southampton University. Please contact Anne if you are interested.

February 15th Conference in Milton Keynes: This has some excellent speakers lined up including Charles Sabine who spoke at the 2009 HDA conference. He is HD positive and is well known as a correspondent for NBC news. Other presentations include "Huntington's Disease a Medical perspective, The Milton Keynes HD Pathway, The Role of the HDA, Expert panel Q and A" Eve is going to this and has space in her car please contact her for more details. If you book before 17th December it is only £35. If you would like to go the Branch can pay your expenses.

February 26 -27th Telford: Young people's conference (for over 18s): Decisions Dilemmas and Discussions. This is organised by the HDA and was attended by 2 of our young people last year. The Branch will fund your attendance if you want to go. See HDA website or contact Anne for more details.

May 4th 2011 @ 7:30 : Theatre trip to We Will Rock You. at the Mayflower Southampton: Get in touch with Maureen as soon as possible to find out more details if you are interested. *If you have already done so then please ring Maureen to confirm your details if you haven't done so yet as her computer crashed!!*

Other events: We have ideas for events next year but would like to hear from you too. If you would like to see us run a particular event or if you would like us to use a venue near you please get in touch.

CONTACT DETAILS: Website: www.hdahampshire.org.

Any comments or questions about this edition to:

Anne Stephenson (secretary) (secretstanne@aol.com or 01329 232373 Or 07748 631 876)
20 Alders Road, Fareham, Hants PO16 0SH.

You can contact our **Regional Care Advisor: Eve Payler** on 02380 612218 (eve_payler@hda.org.uk or by post to The Huntington's Disease Association, Neurosupport centre, Liverpool, L3 8LR).

You can contact **Barry Blake** (Chair) on 01329 286157.

Maureen Graham, social secretary is on 02392 593683 or email m.graham11@sky.com

Hampshire Branch Meeting: November 2010.

Present: Barry Blake (chair), George Blake, Ian Colley, Lorraine Docwra with Sue her Carer, Elaine Frier, Debbie and Philip Gater, Dave Geary, Tony Geary, Colin Gould, Maureen Graham, Avis and Cliff Nevatte, Eve and Jacob Payler, Annette Scivier, June Slocombe, Steve Smith, Meg, Ben, Florence and Ellie Walters,
Apologies: Myra and George Heppenstall, Sarah Hands, John Seller, Trudi Smith, Anne Stephenson, Andreas Wytenbach.

What happened: The Raffle raised £22thanks to George and Eve for their help.

Barbara Rock: There was a minute of silence as we thought of Barbara Rock who was part of the Carer's group on the Isle of Wight and who sadly lost her battle with cancer recently.

Ian Colley: Ian presented his cheque to the group and is hoping to do something next year for charity too. His group of cyclists raised a total of £2,800 for us. We shared their grand total of £5,600 with the MS society. Ian was thanked and congratulated by the branch.

Steve Smith: The Branch members completed their input to Steve Smith's research in to the best way of supporting families with HD. He asked me to pass this message on: *"It was a fabulous result from my point of view and the group did a great job; I'm so grateful. It will take quite a long time to be able to interpret results and give feedback---- but I'm sure it will be really informative when I have it all analysed. It's a great, upbeat group, and I did enjoy the company. It was a bit more of a task for people than I appreciated, and I was so grateful to them for doing it but I hope it wasn't too much for anyone. They were all very cheery about the whole thing. It was the first group to do it, so I've been able to learn a bit before going to the next group. Please Thank everyone for being so helpful"*

Annette Scivier: gave a report on the conferences at Whiteley and Telford (available by post from Anne or by email)

Eve Payler: There is a conference in Milton Keynes. She is attending and can take others too. Branch will cover the cost of this conference if any member wishes to attend. Please contact Eve about this.

Mark Robinson: We have had news from Somerset that Mark is settling in well

Treasurer's Report: Both the Branch account and The Amanda fund are healthy. Thanks to Ian Colley and The Isle of Wight Runners we have been able to commit to supporting Head office's funding of Eve's extra hours until March. If it wasn't for this, Eve's hours would have been reduced and we feel that she is the most important part of the HDA's support and our main way of contacting members in need. Don't forget the Branch can make grants in the case of hardship of up to £300, please get in touch if you need support or know of someone else who needs it.

On a personal note, Ben and Meg have been able to get Meg's clerical Medical pension to pay out more than they initially agreed. Which just goes to show it is worth making a fuss if you think you are getting a raw deal. The full story is here <http://www.guardian.co.uk/money/2010/nov/28/clerical-medical-pension-fund-payment>

Thanks to all those who contributed to the fine choice of festive refreshments.

News in brief:

A student at Southampton University is completing a study to look at how NHS diagnostic services impact on couples where one of them has an early onset dementia and has approached the HDA for volunteer couples if you think you might be interested please contact Christopher: vincents11@ntlworld.com or for more details contact Eve.

Hampshire Neurological Alliance. This is an umbrella organisation and useful lobbying group for all people in Hampshire affected by a long term neurological condition. Our Branch is a member but if you would like to join on a personal level, get more involved or just let them know your views please contact gillianmrowe@hotmail.com or contact Anne for more details.

Advice from Branch Members including Committee Members: Advice given by Branch members is given in a lay capacity and that it should **not** be treated as professional advice.



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