



Branch Website: www.hdahampshire.org. HDA: www.hda.org.uk Research news: <http://hdbuzz.net>

Future Events:

ALL the branch events are FREE to younger Branch members thanks to the 'Amanda fund'

We don't want problems with finances or with transport to prevent you attending our events. We may be able to subsidise them for adult Branch members and arrange transport for you. You can contact us confidentially to arrange this.

Next year's Branch Meetings are: 21st Jan, 24th March, 19th May, 14th July, 8th September, 1st Dec

PLEASE NOTE CHANGE OF VENUE : Sembal House can no longer provide a venue for us.

Our next meeting will be at **Abbots Barton Care Home at 40 Worthy Road Winchester. SO23 7HB Tel: 01962 626800 at 2:15pm. For further details contact Anne. A BIG thank you to Tony Geary for his help with opening up at Sembal House on so many occasions.**

Christmas Panto: Peter Pan at the Mayflower in Southampton matinee January 14th : We will meet half an hour before the performance in the pub next to the Mayflower. Please send a cheque to Maureen to pay for your ticket as soon as possible.

17 & 18th March: Decisions and Dilemmas Forum for 18-35 year olds with HD in their family: This is in Telford and the Branch can help with expenses if you would like to go. Call Karen at Head Office on 0151 331 54444 or email info@hda.org.uk for further details.

March 19th Branch meeting: Speaker from Track HD : Dr. Nayana Lahiri BSc Clinical Research Fellow with TRACK-HD (who has been working with Lynda and Mick from our branch) is coming to talk about the progress of this research. She will also update us with news from the World Congress in Melbourne in September which she attended.

Amanda Fund PGL activity day: This is being organised to take place in the spring /summer as a joint venture with the Sussex Branch. Get in touch with Anne if you are interested.

Next Carer's Meetings: We can pick you up from the ferry if you are travelling from the Isle of Wight and the Branch can pay travel expenses. **Please get in touch with Anne if you would like more details.**

Weds 4th January at The Cowherds in Southampton at 7:30

NEWS FROM:
<http://hdbuzz.net>



"Another trial of Huntexil is being planned, but meanwhile we already have drugs that can help with many symptoms of HD. Physiotherapy can be really helpful for movement problems too."

"The results of a two-year study of HD mutation carriers, called TRACK-HD, have just been released. These results prove that a number of changes, including thinking ability and brain changes, occur early in people carrying the HD mutation. Most importantly, these changes are suitable for use as endpoints in future clinical trials for drugs to prevent or delay the onset of HD."

LOTS MORE NEWS AT
 HD BUZZ !!!!

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CONTACT DETAILS: Website: www.hdahampshire.org.

Any comments or questions about this edition to: **Anne Stephenson** (secretary) (secretstanne@aol.com or **01329 232373 Or 07748 631 876**) **20 Alders Road, Fareham, Hants PO16 0SH.**

You can contact our **Regional Care Advisor: Eve Payler** on 02380 612218 (eve_payler@hda.org.uk or by post to The Huntington's Disease Association, Neurosupport centre, Liverpool, L3 8LR).

You can contact **Barry Blake** (Chair) on 01329 286157. **Maureen Graham**, social secretary is on 02392 593683 or email m.graham11@sky.com



Hampshire Branch Meeting: November 19th 2011.

Present: Barry Blake (chair), Lorraine Docwa and Cherice, Elaine Frier, Debbie and Philip Gater, Dave Geary, Colin Gould, Louise and Navi Mudher, Eve Payler, Anne Stephenson, Meg, Ben, Florence and Ellie Walters,

Apologies: Pat and Robbie Richardson, Trudi Smith, June Slocombe

Apologies were also sent from our speaker Dr. Nayana Lahiri who couldn't get to the meeting after all but will speak to us in March.

Branch News :

We discussed alternative venues to Sembal House and decided to contact Abbots Barton in Winchester to see if they could provide a room for us. If you have any suggestions please get in touch.

We also discussed ideas for activities for the coming year, get in touch if you have any suggestions and.... Watch this space!!

Thanks to The Orchard House Care Centre for supporting us at their Winter Wonderland Christmas Fair in November and thanks to Barry and Becca for representing us there and running a stall.

October 11th Stakeholders and Public Consultation Meeting: Annette represented us at this meeting and also at the **HD forum** run by South Coast Dendron a few weeks later where Eve was a speaker along with Chris Kipps who some of you may know. There was a lot of positive news about research. More information on this is available at the HDBuzz website. I also met many professionals involved and interested in HD, the main "take home message" from the talk was difficulties in integrating care, which is recognised by many but hard to solve. There was discussion about whether we could follow Dorset's example of having a centrally maintained list of "interested", "experienced" professionals and resources relevant to HD in the Hants/IOW area. It could have links to the Hants Branch website and hospital websites in our region as folk do look at both. There are definite gaps in psychiatrists/ MH teams willing to get involved in HD.

Fund Raising: Well done and congratulations to Annette Scivier who raised over £1,800 by completing her Solent Swim, and thanks and congratulations to Madeleine Goodman who also took part in the Solent Swim and sent us a donation of £300. Thanks to Dave Nevatte for asking people to make donations to the HDA to celebrate his birthday. He raised £225. The summer fete at The Orchard House raised £220 many thanks to them for nominating us as their charity this year. Thanks also to Juliette (Debbie and Philip Gater's daughter) who nominated the HDA for charitable gifts on her wedding invitations. The raffle at the Branch meeting raised £15; thanks to Flo and Ellie for their help

A message from Eve : Please register with DENDRON if you haven't done so already as they are registering people who may be able to take part in future drug trials and other research. Contact Eve for further details.

Give As You Live : You can raise money for the Huntington's Disease Association without even leaving your home! If you can shop via the **Give as you Live** store at www.giveasyoulive.com you can raise money when shopping online at your favourite stores. The stores send us a commission on anything you buy, at no cost to you! With Christmas around the corner what a fantastic time to start using **giveasyoulive.com!**

TRAVEL INSURANCE: Fish Insurance has recently launched a travel insurance policy targeted at customers with pre-existing conditions. The specific adaptations for disabled people are:

- Application completed online for the majority of applicants
- Call centre staff specifically trained who can help complete an application form if required
- The policy covers the replacement of the carer in case of accident or illness
- Disability equipment is covered and rates are competitive (so they say).

If you want to know more, visit www.fishinsurance.co.uk/travel-insurance-details.php